

Yoghurt Berry Crunch



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Total time: 5 min

Preparation: 5 min

Cooking: 0 min

Created by: QAST

Serves: 10

Category: Snacks

RRP: \$2.50 ea

Level: Easy

This price is provided as a guide only and should be checked before using it as a listed menu price.

Ingredients

1 Kg Reduced fat yoghurt

200 ml Berry puree

1 cup Toasted muesli

Recipe

1. Place approximately 100mls of yoghurt in serving cups.
2. Top each with 1 Tbsp of berry puree.
3. On serving spoon on 1 Tbsp of toasted muesli to ensure it remains crunchy.

Full description

Reduced fat yogurt topped with berry coulis and crunchy muesli.

Variations

Check the yoghurt for tartness and adjust with sugar or honey. Prepare to step 2 on a large tray, cover and refrigerate ahead of service. Remaining serves can be mixed and frozen, used as a dip for frozen fruits, combined in fruit smoothies or used as a topping for other dessert snacks.

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