

The Chicken Little Gourmet Grill

A gourmet style grilled chicken roll.



♥ 1

📄 192



Total time: 10 min

Preparation: 5 min

Cooking: 5 min

Created by: QAST

Serves: 1

Category: Hot Meals

RRP: \$5.50 ea

Level: Easy

This price is provided as a guide only and should be checked before using it as a listed menu price.

Ingredients

Kg Chicken breast meat, sliced and grilled

Kg Lettuce

Kg Tomato

Kg Avocado

Kg Parmesan cheese

Kg Basil pesto

Kg Sliced bread, Turkish bread or Panini

Variations

Use up to about a 70g serve for your thinly steak or chicken and make sure you preheat your contact grill so the minute steak or chicken cooks quickly and does not stew. Keep the ingredients simple, but prepare them differently so customers feel they are getting something better than the standard, For example use crunchy or gourmet lettuce leaves rather than shredded, thick slices of tomato and sliced avocado rather than mashed. Use a different cheese, dressing, sauce or chutney and a different bread to add the gourmet element.

www.emenu.qast.org.au

PO Box 1756, Coorparoo DC Qld 4151 PH 07 3324 1511 F 07 3847 8655

© 2018 QAST. All rights reserved. The listing of a person or supplier no way implies any form of endorsement by the Queensland Association of School Tuckshops of the products or services provided by that person or supplier.